

## Introduction session - getting to know each other

### 1. Aim: Presentation of participants, getting to know each other

**Method:** Human map

The tutor asks the question "Where do you originally come from" and represents the seminar place placing his/her body in the tutorial room and indicating north. The participants have to place themselves in the room according to place they come from. A short discussion about their home town can start.

**Duration:** 10 – 15 minutes

**Needed:** enough space, map of Europe, arrow stickers with names (see below)

**Recommendations:** Then you can also indicate the participants' home towns on the map of Europe with an arrow sticker.

### 2. Aim: Getting to know each other (in smaller group of tutorial).

**Method:** Changing the name tags

Each participant (tutor also) in tutorial has his/her own name tag. They start their presentation in couples with somebody else. In couple they share answers on following questions (Where are you from?, What are your hobbies?, Which was the most faraway place you have visited,... you can invent many others). After sharing the answers they change identity – they put the name tag of the other person and start another interview with this new identity. They can repeat the interview 3 or 4 times (depending on the number of people in tutorial). They should not get back their own identity. Then all of them gather in the circle and everybody presents his/her last identity. The right person takes his/her name tag, correct what was said about him/her and continues with the presentation of name tag s/he has finished.

**Duration:** 20 minutes

**Needed:** name tags (tape, markers)

**Recommendations:** It brings funny situations.

### 3. Aim: Remember the names of participants

**Method:** Movements with syllables

Each participant invents any movements according to the number of his/her name's syllables. Standing in the circle each of them presents his/her name together with movements. The others repeat it with all the previous. At the end the group should be able to make the whole circle without speaking just by doing the movements belonging to each participant.

**Duration:** 10 minutes