

MENTAL INFRASTRUCTURES AND DEGROWTH TRANSFORMATION

	TUE, 02.09.	MON, 08.09.	TUE, 09.09.	WED, 10.09.	THU, 11.09.
10:00 - 13:30		Arrival until 11h  <b>11:30-13:30h</b> Getting to know each other and the program, Organization of the course	Performance-Workshop „Strategies of self improvement and competition“ (Thomas Blum)	Self-reflective Workshop on growth and increase in speed (Kristina Utz)	Train-The-Trainer-Workshop (tba)
13:30	LUNCH with a feminist vegan cooking collective from Leipzig				
15:30 - 19:00	<b>14:00-16:00h</b> First meeting during the Degrowth-Conference:  Getting to know each other. Where do we find our topic during the conference?	Introduction: Internalized growth - The concept of mental infrastructures and the consequences for a transformation towards degrowth (Susanne Brehm)  Including: Debriefing of the conference	Performance-Workshop Part II	Practical Workshop on efficiency and the idea of an ability-society (Susanne Brehm)	Goodbye after lunch
19:00	DINNER with a feminist vegan cooking collective from Leipzig				
20:00		free time	free time	Evaluation  Good Bye-Party	