



GROWL INTERNATIONAL COURSE "SOLIDARITY & COOPERATIVE ECONOMY" 1-6 OCTOBER 2014, THESSALONIKI, GREECE

WEDNESDAY 1 OCTOBER

ARRIVAL OF PARTICIPANTS

17.30 - 19.00: bus tour/ bike/ walk in Thessaloniki (*participants should choose in advance*)

19.00 – 20.30: **Welcoming, personal introductions and Team Building Exercises**

20.30: dinner at Hostel

THURSDAY 2 OCTOBER *at Oikopolis*

08.45 – 09.30: *Breakfast*

09.40 – 09.55: *Ice breaker*

10.00 – 11.00: **Presentation of GROWL** (by **Gualter Baptista**, GROWL coordinator).

11.00 – 12.30: **Lecture: A theoretical framework of alternative economic and political spaces** with **Giorgos Gritzas** (Ass. Professor AUTH) and **Karolos Kavoulakos** (Lecturer AUTH) members of [People's UnivSSE](#).

12.30 – 13.30: **Simulation game on commons and solidarity economy**, by **Varvarousis Aggelos** (PhD cand. ICTA UAB).

13.30 – 15.00: Lunch and presentation of [Oikopolis social center](#) .

15.00 – 16.30: **Discussion: Politics, ecology, local institutions and degrowth** with **Alekos Georgopoulos** (Professor AUTH); **Lefteris Ioannidis** (Mayor of lignite and energy producing Kozani); **Christos Adamidis** (representative from Skouries movement against the extraction of gold in Chalkidiki).

16.30 – 18.00: **Open debate: Growth, austerity and crisis, which way out?** Introduced and moderated by **Panos Petridis** (Researcher SEC Vienna) and **Giorgos Kallis** (Professor ICTA UAB).

18.30 – 21.00: **Public Event** (in Greek with translation), **"Degrowth and Solidarity Economy"** with **Giorgos Kallis, Giorgos Gritzas, Panos Petridis, Alekos Georgopoulos, Kostas Nikolaou, Karolos Kavoulakos**. At *Aristotelion University of Thessaloniki* (10th floor, Pedagogical School, 3 Septemvriou St., room "LOGOU & TECHNIS").

21.00: dinner and Welcoming Party at [Steki Metanaston](#) (migrant social center).

FRIDAY 3 OCTOBER

08.45 – 09.30: Breakfast

09.30: Departure for PERKA urban farm (in abandoned military camp of Karatasios)

10.00 – 11.30: **presentation of PERKA group** (on urban farming).

11.30 – 13.00: bus to VIOME

13.00 – 14.30: **Presentation and discussion about VIOME** (self-managed factory www.viome.org) and light lunch.

14.30 – 15.30: Bus to Tagarades

17.00 - 19.00: **Lecture and Discussion: Degrowth fundamentals (lite module)** – with Filika Sekulova ([Research and Degrowth](#)).

19.00 – 20.00: GROWL Partner meeting

20.00: Dinner / screening of documentary “[In transition 2.0](#)” ([Transition Network](#), 2012, 67')

SATURDAY 4 OCTOBER at Tagarades

08.30 – 09.30: Breakfast

09.40 – 09.55: stretching exercises

10.00 – 11.00: **Lecture: Dialectical approach and delimitations of the social solidarity economy. Case: the political economy of the water cooperative management**, by Kostas Nikolaou (Adj. Professor HOU and member of [People's UnivSSE](#)).

11.00 – 12.00: **Discussion or Simulation Exercise** with Kostas Nikolaou (Adj. Professor HOU and member of [People's UnivSSE](#)).

12.00 – 12.15: Break

12.15 – 13.30: **Showcase: Producer- consumer networks and cooperatives** with Lazaros Aggelou (President of [Bios Coop](#) and member of [People's UnivSSE](#)), and Thomas Anemos Papamichos ([Agronaftes](#) CSA initiative) and presentation of selected case studies- best practices from participants' countries.

13.30 – 15.00: Lunch

15.00 – 16.30: **Workshop: Cooperative economy- from theory to practice - how to set up a cooperative** with **Dimitris Kitsikopoulos** ([KAPA network](#) on social economy)

16.30 – 17.20: **Lecture: Social solidarity economy: Politics of prefiguration and social transformation**, by **Alexandros Kioupiolis** (Lecturer AUTH and member of [People's UnivSS](#)).

17.20 – 17.30: Break

17.30 – 18.30: **Simulation Exercise** by **Alexandros Kioupiolis** (Lecturer AUTH and member of People's UnivSSE).

18.30 – 20.00: **Showcase: Cooperative working spaces** (with representatives from “[European Village](#)” - Akadimia Platona cooperative cafe and “[Allos Tropos](#)” social cooperative) and presentation of selected case studies- best practices from participants' countries.

20.30: Dinner / GROWL partner meeting

21.30: **Screening of documentary “Another World”** ([iliosporoi network](#), 90', 2013)

SUNDAY 5 OCTOBER at Tagarades

08.30 – 09.30: *Breakfast*

09.40 – 09.55: *Stretching exercises*

10.00 – 11.45: **Showcase: Barter exchange networks, Complementary currencies & Time banks** (with representatives from [Koino](#) exchange of goods and services network, [ARSIS Time Bank](#) and [TEM Magnisias](#) and presentation of selected case studies- best practices from participants' countries.

11.45 – 12.00: Break

12.00 – 13.30: **Showcase: Eco-communities and self-resilient initiatives** (with representatives from [Free and Real](#), [Spithari](#), [Nea Gouinea](#).) and presentation of selected case studies- best practices from participants' countries.

13.30 – 15.00: Lunch

15.00 – 17.00: **Visioning workshop – what kind of degrowth do we want?** Facilitated by [iliosporoi network](#)

17.00 – 18.30: TTT module: **Training the degrowth trainers** (TTT theory, methods and tools (30 minutes presentation of material collected so far in GROWL) and presentation of GROWL future trainer exercises (1 hour).

18.30 – 18.40: Break

18.40 – 20.30: TTT module: **Training the degrowth trainers** (simulation exercise for all participants – preparing the assignments – Francois Gillet)

20.30: Dinner / screening of documentary “A new we” (Stefan Wolf, 2010, 116').

22.00: Farewell Party

MONDAY 6 OCTOBER

10.00 – 12.00: **GROWL partner meeting**

DEPARTURE OF PARTICIPANTS

Important Notes:

1. Throughout the seminar a dedicated **Evaluation- Reflections Board** will be available for input on highs and lows from the participants, as well as, a **board to display ideas for future projects**.
2. **Participant groups** are required to present briefly (max 10 minutes), as **input during showcases**, some case studies- best practices from each country on the specific issues addressed (1. producer- consumer networks and cooperatives; 2. cooperative working spaces; 3. barter exchange networks, complementary currencies and time banks; 4. eco-communities and self-resilient initiatives).
3. **Speakers** are required to send **prior to the seminar** extended **abstracts** (1-2 pages in word format) of their presentation (or description of their collective), a **Reader** (including bibliography, published articles and other useful material) on their subject and a **short bio** (in word format) of their own. We will collect also the **Powerpoints** during the seminar and any other material you seem fit. All presentations will be videotaped and all the material gathered will be freely available through GROWL website.
4. **Participant Trainees (potential GROWL trainers)** that in Thessaloniki will attend their second GROWL seminar and wish to **present their assignment** in order to get certification, please let us know beforehand and prepare a **10-15 minutes presentation of your exercise** in order to present it during the TTT module at the end of the seminar. Also please send us before the start of the seminar a brief summary of your assignment.