Eco-communities and degrowth



Living and working according to ecological principles

Work-sharing and→ autonomy

Small size, access to natural resources, cheap rent

Eco-villages (Gilman 1991) -rural-Housing projects -urban**Activities** DIY: permaculture, crafts, self-construction

Organization material and immaterial commons, horizontality

Back-to-the-land movement Integral In Context GEN (1994) The Farm, Twin Oaks, Lakabe, Longomai Materials closing cycles, low-impact production processes

Energy
Renewables,
bicycle
transportation

Society (state, market, institutions)
Eco-community

Individual (family, household)

Oikonomies "art oif the good life", "ruling the house"

Relevance of individual in community Degree of community autonomy in society Concrete utopias, social-ecology

Different sources of income (collective/personal) and of collectivization

Small evidence that is according to geographical isolation

Relevance for a degrowth society

Insights:

- strong minded people, willingness to change, relevance of IDEALS
- Set up phase can be critical and difficult
- Rely on pragmatism self-imposed austerity / self-exploitation

A society freed from external control and manipulation will be able to self-determine its need satisfiers;

participants choose to become protagonists of their lives and foment a degrowth imaginary conferring to the community the source of economic and socio-political authority normally found in capitalist markets and in the state apparatus

Not necessarily they all are political – often also inspired by religious principles

Volountary simplicity
Conviviality
Strategic exodus
Change the world without taking power

Still small-scale experiment
Potential to become large scale
Future research in degrowth studies needed on the factors that might facilitate such a transition