



GROWL

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Evaluation Form

Degrowth course on Solidarity & Cooperative Economy
[Thessaloniki, Greece · 1-6 October 2014]

livingdegrowth

Age: <25 25-34 35-44 45-54 >55

Sex: female male other

Country: _____

Attending a GROWL course for the first time? yes no

What is your feeling on...	love	great	ok	bad	awful
<i>Day 1</i>					
Walk in Thessaloniki					
Personal introductions and Team Building Exercises					
<i>Day 2</i>					
Presentation of GROWL					
Lecture: A theoretical framework of alternative economic and political spaces					
Simulation game on commons and solidarity economy					
Discussion: Politics, ecology, local institutions and degrowth					
Open debate: Growth, austerity and crisis, which way out?					

What is your feeling on...	love	great	ok	bad	awful
Welcoming Party at <u>Steki Metanaston</u> (migrant social center)					
Day 3					
Presentation of PERKA group on urban farming					
Presentation and discussion about VIOME (self-managed factory)					
Lecture and Discussion: Degrowth fundamentals (lite module)					
Day 4					
Lecture: Dialectical approach and delimitations of the social solidarity economy					
Showcase: Producer- consumer networks and cooperatives					
Workshop: Cooperative economy- from theory to practice - how to set up a cooperative					
Lecture: Social solidarity economy: Politics of prefiguration and social transformation					
Showcase: Cooperative working spaces					
Screening of documentary "Another World"					
Day 5					
Showcase: Barter exchange networks, Complementary currencies & Time banks					
Showcase: Eco-communities and self-resilient initiatives					
Visioning workshop – what kind of degrowth do we want?					

What is your feeling on...	love	great	ok	bad	awful
TTT module: Training the degrowth trainers (TTT theory, methods and tools)					
Presentation of GROWL future trainer exercises					
TTT module: Training the degrowth trainers (simulation exercise, preparing the assignments)					
Dinner / screening of documentary "A new we"					
Conviviality					
Meals					
Accommodation					
Seminar spaces					
Atmosphere					
Group dynamics and exchange					
Overall organisation					

What did you like the most?

What did you like the least?

How do you feel after the course?

Which inspiration do you take from the course with you?

Further comments:

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