

GROWL Course „ Living, Learning and Working together- Community Building for Degrowth Society“ in Witzenhausen/Germany

	Sunday, 31.05	Monday, 01.06 <i>„Getting to know each other and the content“</i>	Tuesday, 02.06 <i>„Learning from history“</i>	Wednesday, 03.06 <i>„Circle Experiences“</i>	Thursday, 04.06 <i>„Transition in theory and practice“</i>	Friday, 05.06 <i>„Contact Improvisation as a tool“</i>	Saturday, 06.06 <i>„Community as Learning place“</i>	Sunday, 06.06 <i>„Train the Trainer“</i>
8:00-9:00	Welcome!	BREAKFAST						
9:00-10:00		Council	Council	Introduction Women/Men Circle	Council	Council	Council	Council
10:00-13:00		World Café „Community Building“	Historical and critical approach to communities in past and present	Women/Men Circle Experience	Market Place of Transition and Community Projects in Witzenhausen Region	Contact Improvisation and transformation of society- a dancing speech	Community Learning and Intergenerational Issues	Train-the Trainer Part 1
13:00-15:00		LUNCH and BREAK						
15:00-18:00	Arrival Time	Approaching the Sources of Degrowth	Transition Movement- Introduction and critical reflection	Leaving to Witzenhausen, building up the yurt in public park	Reflective Working Experience in Community and Transition-related Projects	OPEN SPACE	Creative „degrowth maniac“ presentation	Train-the – Trainer Part 2
18:00-19:00	DINNER							
19:00-20:00	Organisational Issues and Welcoming	Maniac Degrowth Reflection of the day	Maniac Degrowth Reflection of the day	Maniac Degrowth Reflection of the day	Maniac Degrowth Reflection of the day	Workshop „Closeness and Borders“	Closing Ritual	
20:00-22:00	Welcoming Ritual	OPEN EVENING	OPEN EVENING	Introduction to „Jurtenwesen“ Exchange about Circle Experience	Drumming Circle and Monochord Massage Technique Degrowth Party in Students Club	Contact Improvisation Workshop	Degrowth Talk „Dem Überfluss entwachsen“	

	Burg Ludwigstein
	Transition House
	Yurt/Unipark or University Room H13, if it is raining
	Witzenhausen City
	Zeichensaal